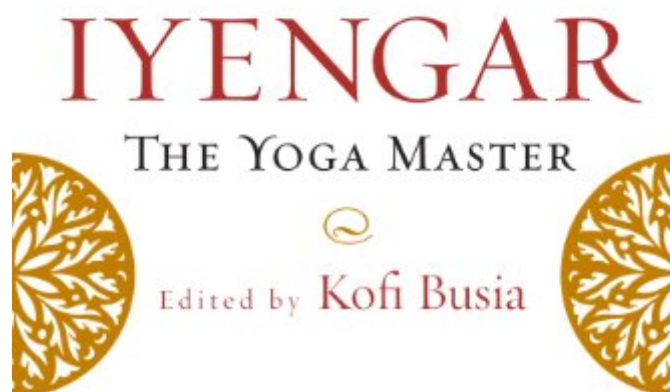


The book was found

Iyengar: The Yoga Master



Synopsis

Well-known contributors from the world of yoga celebrate the life and work of the great yoga pioneer B. K. S. Iyengar in this collection. Iyengar, who celebrates seventy years as a yoga teacher this year, is an Indian yoga master, revered as the single most influential person in spreading the teachings of yoga throughout the world. Iyengar was recognized in Time magazine's 2004 list of the one hundred most powerful and influential people in the world. This collection of essays, stories, and interviews celebrates the life and great influence of renowned yoga teacher B. K. S. Iyengar and features an international and diverse group of well-known contributors. These writings offer a deep understanding of the man, as well as his unique approach to yoga and the human mind and body. Contributors include: • Baron Baptiste • Beryl Bender Birch • T. K. V. Desikachar • Alan Finger • Lillas Folan • Richard Freeman • John Friend • Sharon Gannon • Dona Holleman • Gary Kraftsow • Judith Hanson Lasater • David Life • Manousos Manos • Chuck Miller • Aadil Palkhivala • Shiva Rea • Erich Schiffmann • John Schumacher • Patricia Walden • Joan White • Rodney Yee

Book Information

File Size: 1144 KB

Print Length: 360 pages

Publisher: Shambhala Publications; 1 edition (May 14, 2013)

Publication Date: May 14, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00CS5KMEE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #792,329 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #146

in Kindle Store > Kindle eBooks > Religion & Spirituality > Hinduism > Rituals & Practice #247

in Books > Religion & Spirituality > Hinduism > Rituals & Practice #1001 in Kindle Store >

Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Yoga

Customer Reviews

B.K.S. Iyengar celebrated his 90th birthday on December 14, 2008. This collection of uplifting essays, stories and interviews by a delightfully diverse group of 51 contributors, is a celebration of his life. Compiled and introduced by Kofi Busia, one of the world's foremost teachers in the Iyengar tradition, this book offers the opportunity to learn about Iyengar through the eyes and experience of close friends and long-time senior students. The contributions in this tribute volume are unique and thought provoking. Some honor Iyengar's life and work, other essays address the best-known features of Iyengar's teaching. Most valuable is that the book provides personal reminiscence and insight into the influence Iyengar has had, as a man and a teacher, on each writer. Kofi Busia (the editor) is also a Sanskrit scholar. He translated several ancient texts into English, including The Yoga Sutras of Patanjali, which adds authenticity and clarity to the book. I found it very helpful that Kofi begins the book with an Editor's Note that explains the issues that arise in compiling a collection of stories that contain many Sanskrit words. Sanskrit terms, with few exceptions, have been transliterated as phonetically as possible to make the material more accessible to both new and experienced students. The Editor's Note is followed by a humorous introduction in which Kofi describes how he fell into teaching, his early encounters with Iyengar, and how he came to compile this book. Along with his self-effacing personal saga, Kofi opens a window into the riveting history of how Iyengar yoga grew from a few original students into a worldwide phenomenon that revolutionized the yoga world.

[Download to continue reading...](#)

YOGA: The Essential Guide To Yoga For Beginners (Yogananda, Yoga Anatomy, Yoga Poses, Yoga Sutra, Yoga For Men, Yoga Journal) Yoga For Beginners: An Easy Yoga Guide To Relieve Stress, Lose Weight, And Heal Your Body (yoga, yoga for beginners, yoga for weight loss, yoga guide, chakras, meditation) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) Iyengar: The Yoga Master Iyengar Yoga for Motherhood: Safe Practice for Expectant & New Mothers Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility) Yoga: Ultimate Yoga Mastery: 2-Books-in-1 (50+ Beginner and Advanced Poses Illustrated) (Yoga Healing, Stress Reduction and Mindfulness) At Office Yoga: Your At Work Yoga Guide For Stiff Bodies That Sit All Day (Just Do Yoga Book 7) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Saint Germain: Master Alchemist: Spiritual Teachings From An Ascended Master (Meet the Master)

Rainbow Warriors and the Golden Bow: Yoga Adventure for Children (Rainbow Warriors Yoga Series) Luke's Beach Day: A Fun and Educational Kids Yoga Story (Kids Yoga Stories) Good Night, Animal World: A Kids Yoga Bedtime Story (Kids Yoga Stories) Yoga for a Happy Back: A Teacher's Guide to Spinal Health through Yoga Therapy Gentle Yoga for Multiple Sclerosis: A Safe and Easy Approach to Better Health and Well-Being through Yoga Yoga for Better Bones: Safe Yoga for People with Osteoporosis The American Yoga Association's Easy Does It Yoga : The Safe and Gentle Way to Health and Well-Being Yoga for Computer Users: Healthy Necks, Shoulders, Wrists, and Hands in the Postmodern Age (Rodmell Press Yoga Shorts)

[Dmca](#)